



## Tanzania Safari Travel Checklist

A compact, print-friendly checklist for Tanzania safaris.

### Luggage

- Soft-sided suitcase or duffel bag
- Daypack for game drives
- Packing cubes or compression bags
- Small padlock

### Clothing

- Lightweight shirts (short & long sleeves)
- Long trousers (sun & insect protection)
- Fleece/sweater (early mornings)
- Light jacket or windbreaker
- Comfortable walking shoes
- Hat or cap

### Toiletries & Personal Care

- Sunscreen (high SPF)
- Insect repellent (DEET recommended)
- Shampoo / shower gel (travel size)
- Toothbrush & toothpaste
- Lip balm with SPF
- Hair dryers not permitted (solar-powered lodges)

### Health & First Aid

- Personal medication
- Malaria prophylaxis (if prescribed)
- Painkillers
- Plasters & blister pads
- Hand sanitiser

**Important:** Plastic bags are banned in Tanzania. Soft-sided luggage is strongly recommended.

## Electronics

- Phone & charger
- Camera & memory cards
- Power bank
- Universal travel adapter (Type G)
- Binoculars

## Useful Extras

- Reusable water bottle
- Sunglasses
- Flashlight / headlamp
- Scarf or buff (dust protection)
- Laundry bag
- Notebook / travel journal

## Documents & Money

- Passport (valid at least 6 months)
- Visa or confirmation
- Travel insurance documents
- Vaccination booklet (if applicable)
- Cash (USD/TZS) & card
- Copies of important documents

## e-SIM for Tanzania (Mobile Data)

We recommend an e-SIM for mobile data to stay connected and avoid high roaming costs. Install it **before arrival** and make sure your phone supports e-SIM.

## AMREF Flying Doctors – Emergency Medical Evacuation

We strongly recommend AMREF Flying Doctors emergency cover for safaris in Tanzania. This service provides emergency air evacuation from remote areas and must be arranged directly by the guest.

[www.lyosekosafaritanzania.com](http://www.lyosekosafaritanzania.com)